



Parkside Sixth Weekly Bulletin

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Parkside Sixth Bulletin
27 January 2023

Calendar Dates

INSET Day (school closed)	Friday 3 February
Half Term (school closed)	13 February -17 February
Last Day of Term	Friday 31 March 2023
Term Opens	Monday 17 April 2023

UCAS

Great work everyone – I've read some phenomenal personal statements and have seen some really generous offers being sent. Well done!

Sexual Predator Presentation - Rescheduled

Please come to the hall P5 on Tuesday 31st January for this.
Your teachers will be there too.

Lanyards and Cards

You **MUST** remember to wear your lanyard around school for safeguarding reasons, and also sign in via InVentry.

We are going to add access rights to your student cards so that you can 'beep' in and out of Mud Lane during school hours to help reduce waiting time at the door. This is a privilege and can be revoked if needed. The main rules with this are:

- Immediately let us know if you lose your card so we can remotely revoke the access.
- Do not let anyone in behind you at the door (similar to at the Eden Centre as Jo or I will usually be there to sign them in).

Guidance Meetings for New Students

On 7th and 8th February, we are holding guidance meetings for new students all morning. They will be taking place in EC2.

Year 13 – some lessons have been re-roomed (if in EC1 or EC2), please check with your teacher.

Year 12 – you will have two mornings focusing on the IB Core. You will be based either in EC1 or the library. Normal lessons resume from 12:20.

- **Tuesday P1** – be in EC1 for a session by Norma focusing on CAS. The rest of the morning should be used for writing up any outstanding CAS and planning new activities.
- **Wednesday P1** – be in EC1 for a session by Hannah focusing on EE (just before your first deadline!!). Again, the rest of the morning should be used to complete your first 1000 words and you should all be able to email your supervisor by the end!

Those of you who have volunteered as tour guides will be used either P1/2 or P3/4 - see Jo for your schedule! I would like to meet you Monday 6th February during lunch to go over the plan.

Year 12 News

Tutor Time Takeover

Tutor Time Takeover has officially started in Year 12! Every month, a group of students will take over tutor time and deliver a presentation celebrating something important to them. For example, where they are from, a cause they support etc.

The first tutor time takeover for January was a great success! Izan, Dario, and Gonzalo delivered a fantastic presentation about their native Spain! As well as sharing key facts about the country's geography, customs, food, music, and festivals, they also shared personal anecdotes and stories!

If you would like to take over tutor time in February, please get in touch with Hannah Reed.



Exams & Deadlines

Here are the deadlines for your IAs - [Calendar Cohort 2023.docx](#)



Exam schedule.pdf

2023 Exam Schedule

Also displayed in the Common Rooms

CAS Opportunities & Notices

YEAR 13s – It's COUNTDOWN TIME!!... 7 weeks to go!

You will need to submit your completed CAS portfolio by **Friday 17th March** – St Patrick's Day!!

Will everyone fill out the CAS tracker (see below) which will help you to identify any gaps.

The minimum requirement

- A **minimum** of 50 hours of creativity, activity, and service
- A long-term project, which must be collaborative in nature
- All seven learning outcomes identified and achieved
- Regular reflections throughout your write ups

At the beginning of March, I will ask you to write one side of A4 of a Final reflection and will give you details nearer the time about what it should include.

[CAS TRACKER Y13 2022-23.xlsx \(sharepoint.com\)](#)

YEAR 12s

Please update your portfolios with all the CAS you have done so far. If you do a weekly update, it should take no more than 15-20 minutes. You can also update the CAS log (see below) where you record the number of hours of each of the three components and also which of the 7 learning outcomes you have achieved through your activities.

[CAS LOG Y12 2022.xlsx \(sharepoint.com\)](#)

CAS Coordinator Norma.Neeson@ParksideCC.org.uk

Reporting Absence

Reporting Absence email address: parkside-6th@ParksideCC.org.uk

If you are unable to attend a lesson, you or your parent/guardian need to email:

- Sixth Email - parkside-6th@ParksideCC.org.uk
- Rachel Biltcliffe - Rachel.Biltcliffe@ParksideCC.org.uk
- And your teacher(s)
- **If your teacher is absent and sets cover work, you need to go to see Jo who will mark you in the register. You will then complete the work in the Eden Centre ground floor classroom or the basement study room.**

- If your timetable is such that you have a day with only one lesson on it, and you have a long commute, please let Rachel Biltcliffe know rachel.biltcliffe@parksidecc.org.uk. In these circumstances, if that lesson would be covered, then we may be able to authorise working from home. This will need to be done on a case-by-case basis.
- If you have only one lesson that day, you must email rachel.biltcliffe@parksidecc.org.uk who will decide, in discussion with Mr Morrison, on a case-by-case basis regarding authorising these absences.
- Medical appointments should be made for outside of lesson times unless this is impossible. You may be asked to show evidence (e.g. appointment text) that this appointment has been made.

If you want to ask for a planned absence, such as university visits or holidays, you will need to contact Mr Morrison – Craig.Morrison@ParksideCC.org.uk to receive formal permission. Or email Jo Jo.Cesaro@ParksideCC.org.uk to receive an **Absence Request Form**.

St Catherine's College

St Catharine's College in the heart of Cambridge currently has opportunities for part-time/casual work that might be of interest to individuals aged 16+. **The working hours are to be worked on a shift basis, including evenings and weekends.** We also offer one free meal a day to those whose hours of work, fall within a mealtime (e.g. dinner, lunch or breakfast); freshly prepared by our catering team.

Closing Date Tuesday, 31 January 2023 - 09:00 – The roles we currently have are:

Casual Chef. £15.50 p/hr. Further details can be found at: <https://www.caths.cam.ac.uk/about-us/vacancies/casual-chef-0>

Casual Kitchen Porter. £12.50 p/hr. Further details can be found at: <https://www.caths.cam.ac.uk/about-us/vacancies/casual-kitchen-porter-0>

Casual Front of House Assistants. £10.90 p/hr. Further details can be found at: <https://www.caths.cam.ac.uk/about-us/vacancies/casual-front-house-assistants-0>

Finance Apprentice

Finance Apprentice – Encocam Ltd, Huntingdon

<https://www.findapprenticeship.service.gov.uk/apprenticeship/1000097076>

Closing date: 30 Jan 2023

Qualifications required: GCSE or equivalent English (Grade Grade 4 / C or above) Essential and GCSE or equivalent Maths (Grade Grade 4 / C or above) Essential.

Training offered: You will achieve a Level 3 Assistant Accountant (AAT) Apprenticeship Standard. Delivered by mentoring and weekly classes at Cambridge Regional College.

Y13 – Healthcare Webinar

Preparing for Your Healthcare Interviews (Webinar):

We are offering aspiring healthcare students the opportunity to attend a 'Preparing for your Healthcare Interview' workshop. This online workshop will look to explore the purpose of interviews, how they're used in the assessment process and what universities are looking for in prospective candidates. This webinar will also give students useful insight and preparation tips, including exploring key skills and unpacking some practice questions. There will also be the opportunity to ask questions at the end of the session.

Key Details:

Date: 6th February

Time: 5pm - 6:30pm

Location: Online via Go To Webinar

Registration link: <https://bit.ly/PreparingForYourHealthcareInterview>

You can also share the following QR code for students to access the form, should this be preferable.



Y12 - University of Suffolk

Upcoming taster days at the University of Suffolk, which are aimed at students in Year 12.

Tuesday 7th February 2023 we are running our Health Taster Day.

To view the programme for the event, and to register your place, please visit:

Business, Humanities and Social Sciences Conference: <https://www.uos.ac.uk/BHSSconference>

Health Taster Day: <https://www.uos.ac.uk/healthconference>

The conferences will be taking place at the University of Suffolk, IP4 1QJ

If you have any questions or want to discuss the event in further detail, please drop us an email to schools@uos.ac.uk.

Pembroke University of Cambridge

Open Days & Visiting Us - July and September 2023 - Our open days are designed to show prospective students, parents, carers and teachers what we are like as a College and give you a chance to see if we might be the place for you! Bookings for July 2023 will open in May via the [University of Cambridge Open Days page](#)



Pembroke
University of Cambri

University of Lincoln

Discover Lincoln at an Open Day - Choosing what you want to study and where you want to study is an exciting and important step in realising your ambitions. The best way to find out what it is really like to live and learn at Lincoln is to join us for one of our Open Days. Visiting us in person is important and will help you to get a real feel for what it might be like to study here. Many of our students say they knew Lincoln was for them as soon as they set foot on campus.

[Open Days and Visits](#) | [Study with Us](#) | [University of Lincoln](#)



University of
Lincoln - Do More. E



Big Voice London Projects

Sixth form students interested in a legal career: BVL upcoming projects

BVL is a 10 year old charity that works to improve social mobility in the legal profession. We organise projects to give opportunities to state school students to understand the legal profession and gain experience to put on their CVs and personal statements. **Please view our short 'Who are we' video (https://www.youtube.com/watch?v=0aT7C9v3uxM&ab_channel=BVL)** for more information about our objectives as an organisation.

All of our projects are completely free of charge and open exclusively to state school students. More information about these projects is below **and on our website (<https://www.bvl.org.uk/>)**.

You are invited to follow this link (<https://www.dropbox.com/s/we345hxoiz3azods/BVL%20-%20Have%20you%20considered%20a%20career%20in%20law.pptx?dl=0>) to a PowerPoint presentation containing useful information for students about pursuing a career in the law. Please feel free to use the PowerPoint as the basis for sixth form tutor periods and school assemblies.

Upcoming BVL Projects

(1) Supreme Court Mooting Competition, **deadline for applications: end of January 2023**. Details on competition and how to apply here: <https://www.bvl.org.uk/mooting-competition>.

(2) Aqeel H Noorali Essay Competition, **deadline for submissions: 31 March 2023**. Details on

competition and how to enter here: <https://www.bvl.org.uk/aqeel-h-noorali-essay-competition>. Students can sign up to receive occasional reminder emails about the deadline, here: <https://bvl-law.typeform.com/to/ktAlxbOp>.

(3) Introduction to the Legal System Programme, deadline for applications: 6 April 2023. Details about the programme and how to enter, here: <https://www.bvl.org.uk/introduction-to-the-legal-system-project>.

Some more details of these projects are below. Students may apply to participate in multiple projects.

Supreme Court Mooting Competition

We offer students the opportunity to compete in our Mooting Competition in association with the Supreme Court. A "moot" simulates a court hearing (usually an appeal), in which participants analyse a fictional case, research the relevant law, prepare written submissions, and then present an oral argument. If you are selected to participate in the competition, you will be paired up with current law students, including students on the Bar Professional Training Course (the course people undertake to become a barrister), who act as "Mooting Mentors". This structure enables you to not only experience court advocacy, but also develop your knowledge of the law and nurture your communication skills with the help of those already pursuing a career in law.

The competition will run on Tuesday and Thursday evenings via Zoom from February to March 2023. The final will be held in the Supreme Court and judged by a Supreme Court justice.

The deadline for applications is the end of January 2023. We recommend that students apply as soon as possible.

Students must be 16 or older and attending a state school. More information, including about how to apply, here: <https://www.bvl.org.uk/mooting-competition>.

Aqeel H Noorali Essay Competition

In partnership with Deka Chambers, BVL runs a legal essay writing competition in memory of barrister, Aqeel H Noorali. The top prize is £1,000 and a mini pupillage (ie, work experience in a barristers' chambers), and there are also cash prizes for runners up.

Students must submit an 800 - 1200 word essay on the following proposition: *'The time has come for the United Kingdom to adopt a written constitution. Please make the case for or against this proposition'*.

The deadline for submissions is 31 March 2023.

Students must be 16 or older and attending a state school. More information here: <https://www.bvl.org.uk/aqeel-h-noorali-essay-competition>.

Students can sign up to receive occasional reminder emails about the competition deadline, here: <https://bvl-law.typeform.com/to/ktAlxbOp>.

Introduction to the Legal System

The Introduction to the Legal System programme gives students a chance to look at a case which was recently heard in the Supreme Court. Participants will review the decision made by the court, before coming to their own conclusions and writing a report outlining their thoughts and giving their own judgments. The project also gives participants the opportunity to learn about the work of the Supreme Court - the highest court in England and Wales - and to engage with cutting edge legal policy, while at the same time learning about the role of our legal system more broadly.

The programme runs from May to June 2023 on Thursday evenings from 6-8pm, via Zoom.

Students must be 16 or older and attending a state school.

More information here: <https://www.bvl.org.uk/introduction-to-the-legal-system-project>

Medical Work Experience Week

We have a few spaces left on our residential medical work experience week left for February 2023.

This residential week is a part of our Aspiring Medics Programme, and if your students choose to join us for the residential week in February, **they can get £350 off the price with the discount code CHRISTMAS2022.**

[Flyer](#) or using this link: [Aspiring Medics Programme](#)

To remind your students what support they'll receive by joining our Aspiring Medics Programme:

Hands-on medical work experience:

- 1-week residential experience based in a London University
- Real medical cases including Cardiac Arrests and major Road Traffic Traumas
- 1 week with expert NHS Doctors
- VR and AR medical training simulations

Complete Application Support:

- 18 months of application guidance
- 2 x UCAT and 1x BMAT live teaching
- Personal statement review
- Medicine interview preparation course + in-person mock MMI

Apprenticeship Careers Event

Apprenticeship Careers Event which will be held between **10am and 2pm on Monday, 6th February 2023 at Impington Village College.**

Run by Form the Future, in partnership with South Cambridgeshire District Council, this event is timed to coincide with National Apprenticeships Week. It is open to students in **Years 10-13** and is designed to support students by providing an insight into the world of Apprenticeships.

Apprenticeships offer young people an exciting gateway into the world of work – a job which enables you to learn, gain experience and earn a salary at the same time. Apprenticeships cover a broad range of sectors, including healthcare, business & administration, construction, design, digital, accountancy and law, to name but a few. Apprenticeships can lead to qualifications equivalent to A-levels, Degrees or even Masters. This event will provide a unique opportunity to meet the region's leading Apprenticeship companies, as well as training providers. Current apprentices will also be on hand to talk to students and to share their experiences.

At the event, students will be able to meet Apprenticeship employers to:

- Learn about apprenticeships, including entry requirements
- Gain insight into specific sectors
- Find out about jobs you may have never realised existed
- Access free advice and guidance on next steps

Alongside the careers fair, we will also be running some seminar sessions designed to help students

understand the application process, including CV writing and interview skills. There will also be a panel discussion with current Apprentices, giving students the opportunity to ask questions.

I have reserved 10 places for Parkside Students. Please contact me immediately if you wish to attend. Places will go fast so please contact me right away. Mark.turner@parksideecc.org.uk

Y12 - Genomics Future Insight Days

We are delighted to be offering Year 12 students the opportunity to join us on campus for our new Genomics Futures Insight days in April. **Closing date for applications is Friday 10th February.**

This new 2-day programme offers students the opportunity to gain experience through practical lab sessions, talks and tours at the Wellcome Sanger Institute. The course is free and travel bursaries will be available for eligible students.

We welcome applications from any interested Year 12, but we would particularly welcome applications from students who are typically underrepresented in science or who would not usually take part in this type of opportunity.

More information or questions about the insight days email us at

engage@wellcomeconnectingscience.org



Genomic Futures
insight days.pdf

ARU Events

For Anglia Ruskin Event Schedules 2022 – 23, click the link below.



SandC Events
Schedule.docx

And a lot more:

'Life Sciences' masterclasses

ARU are pleased to be offering the chance for staff and students to book onto our free, virtual **'Life Sciences' masterclasses** – we have 4 which may be of interest! **The classes will be running throughout February and March** and you can participate from the comfort of your own environment.

These are excellent opportunities for anyone with a passion for Life Sciences to delve into the industry and engage with experts from the field.

2nd Feb – session 1

[Understanding how artificial sweeteners impact gut health Tickets, Thu 2 Feb 2023 at 19:00 | Eventbrite](#)

9th Feb – session 2

[Butt out! Environmental impacts of smoking related litter Tickets, Thu 9 Feb 2023 at 19:00 | Eventbrite](#)

23rd Feb – session 3

[Forensic Anthropology: What can teeth tell us? Tickets, Thu 23 Feb 2023 at 19:00 | Eventbrite](#)

2nd March – session 4

[Antimicrobial Resistance \(AMR\): The “silent pandemic” Tickets, Thu 2 Mar 2023 at 19:00 | Eventbrite](#)

Police Constable Degree Apprenticeship virtual discovery event

Following the success of our last Police Constable Degree Apprenticeship virtual discovery event, we are pleased to announce we have another session during National Apprenticeship Week!

The virtual event will be on the 9th February from 5pm to 6pm, and will be held on TEAMS. If any students are interested in a **career in policing**, they can come find out more about how to become a police officer through the degree apprenticeship policing pathways. Careers advisors, Heads of sixth forms and parents are also welcomed to join.

The virtual session will include:

- A presentation to gain insights into the two policing degree apprenticeship pathways, including which pathway would be best for your students, the recruitment and application process, and what it is like to be a police constable degree apprentice.
- Talks from our police partners and a current police constable degree apprentice.
- A chance to ask questions through the Q&A

ARU works with eight police forces across the East and Southeast of England and London to recruit and educate new police officers through two new entry routes into policing: the Police Constable Degree Apprenticeship and the Degree Holder Entry Programme.

Booking Information:

Students, careers advisors, Heads of and parents can all **[sign up on our website through this link.](#)**

The link to join the TEAMS meeting will be sent out on Monday 6th February for those who have signed up, and then daily for any sign ups after this date.

Sign ups will close at 9am on Thursday 9th February.

Building & Quantity Surveying

Tuesday 7th March between 9am – 10am, we will be running a 1 hour virtual course and careers talk about Building & Quantity Surveying.

The talk is aimed at year 12's and 13's with an interest in this industry and falls nicely within careers week!

Booking form is here: <https://register.heat.ac.uk/register/2e672482-3bef-4ac4-8da9-93db2e9f7984/S/complete>

The MS Teams link will be sent to all those who register a few days prior to the talk.

Anglian Water Opportunities

Anglian Water are delighted to be able to share with you that the first of 55 Apprenticeships are now live. [Practical Apprentices - Anglian Water Careers](#)

Benefits of being an Apprentice As well as getting a nationally recognised qualification - Level 3 Apprenticeship Standard. You'll also benefit from all of the below perks:

- 23 days annual leave rising with the length of service
- Private health & dental care
- Fully expensed accommodation close to the training centre
- Fully expensed access tools, uniform, and Personal Protective Uniform (inclusive uniform options)
- Competitive pension scheme
- Discounted phone and gym memberships

Apprenticeship Options

- Water Recycling Technician
- Water Treatment Technician
- Water Networks Technician
- Restoration Technician
- Leakage Technician

Y12 – Nuffield Research Placements 2023

Nuffield Research Placements 2023 are still being accepted Deadline 29th March.

The scheme can offer your Year 12 students exciting, **on-site/hybrid two week*** STEM/Social Science summer placements in industry, universities, and local organisations. Undertaking a placement will inspire and motivate students and help give them the skills and confidence they need to get a place at a top university. **Pending Government and organisation guidelines and restrictions* [Nuffield Research Placements | STEMPOINT East](#)

Please note: This scheme is aimed at students who come from low-income families, or don't have a family history of going to university. We want more students from these backgrounds to apply and can offer them financial support to do so.

Students should apply to the programme if they wish to pursue a career in a STEM related role. This also includes Social Sciences as we have a wonderful range of projects available.



Y12 - MEDSOC Resources

These might be useful for any MEDSOC meetings coming up soon.

Article 1 - [Why Reflection is Important in Your Medical School Application](#)

Article 2 - [Benefits of Volunteering in a Care Setting](#)

Interviews can be a stressful time for students, so we have created a little preparation list for them!

Article 1 - [What to take with you to your medical school interviews](#)

We have also refreshed our Aspiring Medics Programme for year 11/12s looking for some work experience and support during school breaks.

New Course - [Aspiring Medics Programme](#)

Medical Schools UK

Resources for Medicine Applicants - To help your aspiring medics keep up with all the upcoming challenges in their applications we have two helpful resources.

Report - [Statistical Overview of Applying to Medical School in the UK](#) - Ideal year 12s

Article - [All UK Medical Schools Interview Processes](#) - Ideal year 13s

Fitzwilliam College

Fitzwilliam College 2023 Essay Competition

Fitz are delighted to have announced the 2023 Essay competitions. This year we will be re-running essay competitions in Ancient World and Classics, Archaeology, History, Land Economy, and Medieval World.

We will additionally be running an Architecture design competition, and a new essay competition in Economics for state-schooled UK students only. Further particulars can be found in the link at the bottom, and the questions for each competition using the links below.

[Ancient World and Classics](#)

[Archaeology](#)

[Economics](#) (for state-school UK students only - please see link for details on eligibility)

[History](#)

[Land Economy](#)

[Medieval World](#)

[Architecture](#) – students wishing to enter the Architecture Design Competition may find this [plan of Fitzwilliam College](#) and information on the [history of Fitzwilliam's buildings](#) useful.

Apprenticeship Opportunities

Amazing apprenticeship opportunities in Leeds, which are currently open for applications.

Details of the apprenticeship opportunities can be found on our [website](#), and if students require support with their applications, our student support team, led by Max, can offer support through our weekly online sessions to help students navigate the process.

[Ask Me Anything, weekly Wednesday sessions](#)



<https://pathwayctm.com/opportunity/>

Your Heart Hospital

Upcoming event 'Your Heart Hospital' at Royal Papworth Hospital, **taking place on the 31st March 2023.**

If you are in **years 12-13** and interested in a career within healthcare and the NHS, come and join us to know more about the heart, lungs, and their function. Hear talks from specialists in this field and have a better understanding of the patient pathway and what they go through during treatment and their stay at RPH. Come and learn about the wide range of jobs and careers available in 'Your Heart Hospital'.

To register for this event please follow the link below and complete the application form:

[Insight programmes | CUH Careers](#) [Insight programmes | CUH Careers](#)

Please state on the form you would like to attend the 'Your Heart Hospital' Event.

Please return the completed application to cuh.workexperience.addenbrookes@nhs.net

Gresham College

GRESHAM COLLEGE: FREE LECTURES

https://camacademicpartnership.sharepoint.com/:w:/r/sites/Section_PKSYear12/Shared%20Documents/General/2023%20LECTURES.docx?d=wde21a6281bb04b5aa0402b14c689cc7b&csf=1&w eb=1&e=2xSSk5

Y12 - Work Experience

The Babraham Institute is partnering with [In2ScienceUK](#) to offer work experience placements for Year 12 students in summer 2023.

This programme is free to take part in, and In2ScienceUK provide a bursary to cover travel costs and food during the placement.

Applications will be open through the [In2ScienceUK website](#) until **Friday 31st March 2023**.

More information, including eligibility criteria, is available at the above links. If students are particularly interested in a placement with the Babraham Institute, they should mention this in their application.

Y12 & 13 - St Anne's College

St Anne's College, Oxford - Opportunities / Ancient Drama Competition (Y12 & 13) – [Do you love drama?](#) [Do Greek and Roman myths inspire you?](#) Enter our competition and be in with a chance to WIN £100. For UK students aged 13-18 years, we invite you to perform a piece of drama from the ancient world.

Send a video of your performance to us by Friday 10 March 2023 and your work will be judged by experts from the [Faculty of Classics at the University of Oxford](#) and [The Archive of Performances of Greek & Roman Drama](#) (APGRD). Everything you need to know and details about how to enter can be found on the [competition page](#). There are 4 prizes of £100 and all winners and shortlisted entries will receive a certificate.

This competition is one of our outreach initiatives designed to inspire young people to find out more about classics as a subject that can be studied at university. The University of Oxford is home to the largest [Faculty of Classics](#) in the world. Our students choose from a huge range of courses and benefit from incredible tutors, libraries, and resources. Whether you want to learn languages, read literature, explore the effect of the past on the present, or learn to apply science to arts, classics at Oxford has something for everyone.

<https://clasoutreach.web.ox.ac.uk/ancientdramaprize2023>

UK University & Apprenticeship Fair

London, Leicester & Birmingham events will be returning in March.

The fairs will take place in London on **Friday 3rd March** at the **Tottenham Hotspur Stadium** [see details here](#), in Leicester on **Friday 17th March** at the **King Power Stadium** [see details here](#) and in Birmingham on **Friday 24th March** at **Edgbaston** cricket ground [see details here](#). (Please see our full March schedule of events at www.ukuniversitysearch.com)

Our Springtime events will feature a vast array of exhibiting universities from Russell Group, redbrick and modern institutions, as well apprenticeship providers and colleges. The fairs provide students with all of the guidance they need, from choosing the right University/HE course, to gaining an overview of the range of academic and career pathways they can pursue. The events are **ideal to inspire and motivate Year 12s and 11s** who are starting to make decisions about their post-18 education and career choices.

The fairs are also a great opportunity for any undecided Year 13s who need help and guidance. They **completely free of charge**. A multitude of exhibitors including **Russell Group**,

modern institutions, and apprenticeship providers - A range of **seminars** including: **UCAS personal statement, Higher and Degree Apprenticeships**, Life at University and Student Finance.

- Expert advice from university and apprenticeship providers.
- All students will be provided with a free online UK University & Apprenticeship Search Options Magazine **and many other promotional items around the exhibition**. Email Jude at jude@ukuniversitysearch.co.uk for London: Max max@ukuniversitysearch.co.uk for Leicester or Andreea: andreea@ukuniversitysearch.co.uk for Birmingham.

Online Support for Young People

Chat Health - In case of crisis, please contact 111 - option 1 for physical health, option 2 for mental health.

CEOP www.ceop.co.uk **Report Abuse**

[HTTPS://WWW.CEOP.POLICE.UK/SAFETY-CENTRE](https://www.ceop.police.uk/safety-centre) - Helps children stay safe online. Has someone acted inappropriately towards you online or a young person you know, it may be sexual chat, being asked to do something that makes you feel uncomfortable?

YoungMinds - [children and young people's mental health charity](http://www.youngminds.org.uk)

Childline [HTTP://WWW.CHILDLINE.ORG.UK](http://www.childline.org.uk) - 0800 1111

A free, private and confidential service where you can be you. Whatever your worry, whenever you need help, however you want to get in touch. We're here for you online, on the phone, anytime.

NHS Choices [HTTP://WWW.NHS.UK/NHSENGLAND/ABOUTNHSSERVICES/MENTAL-HEALTH-SERVICES-EXPLAINED/PAGES/ACCESSING%20SERVICES.ASPX](http://www.nhs.uk/nhsenland/aboutnhservices/mental-health-services-explained/pages/accessing%20services.aspx)

Samaritans [HTTP://WWW.SAMARITANS.ORG/ABOUT-US](http://www.samaritans.org/about-us) Talk to us any time you like, your own way, and off the record – about whatever's getting to you.

Online Counselling

Kooth is a website that offers free online counselling for young people in Cambridgeshire.

We are all facing difficulties with the current government restrictions, so if you as a young person are struggling emotionally this could be a good place to get some support.

<https://www.kooth.com>



Free, safe and anonymous
online support for young people

Monday - Friday 12pm - 10pm
Saturday - Sunday 6pm - 10pm

HelpAtParkside

If you have any worries or concerns about a student at our school:

- Form tutor
- Head of year
- Any teacher you feel comfortable talking to.
- A member of the safeguarding team – look out for the purple lanyards
- Students can self-refer here bit.ly/HelpAtParkside

Other Diary Dates

Bank Holiday (school closed)	Monday 1 May
Half Term (school closed)	29 May – 2 June
INSET Days (school closed)	Thursday 6 & Friday 7 July
Last Day of Term	Thursday 20 July 2023

Social Media

For our Parkside Sixth news and events follow us on Facebook/twitter! 

Facebook - Parkside Sixth Twitter - @ParksideSixth 

For anything else, check our website <https://www.parksidecc.org.uk/sixth>



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